

Swarland Primary School

SMOKE FREE POLICY

Introduction

Swarland Primary School recognises the fact that smoking can have an adverse effect on the health and safety of staff and pupils and realises the benefits of enforcing a non-smoking policy on the premises. In line with NCC recommendations, this policy applies to everyone who is on site at Swarland Primary School. For this policy smoking refers to cigarettes and electronic vaping devices.

It is a recognised fact that a smoke free policy is of benefit to the health of staff and pupils alike and this policy has been developed in consultation with the school community and Northumbria Healthcare NHS Foundation Trust.

The school actively promotes health related benefiting policies and includes health related education as part of the whole school curriculum. Swarland Primary School established smoke free area in 2001 and new staff and visitors are made aware of the policy through clearly displayed signs in and around the building and through a statement in the school brochure.

This written policy is reviewed every three years or in light of additional guidance. The PSHE co-ordinator, Head and Governors have all been involved in the formulation of this policy. All staff have had the opportunity to comment upon its content.

Rationale

Smoking is the single most preventable cause of ill health and premature death.

This written policy is to be made available to all members of staff and visitors to raise awareness of the smoke free environment. Swarland Primary School recognises the health benefits to all children and adults alike and it is acknowledged that it must be made clear to everyone that smoking is prohibited both inside and outside, anywhere on school premises.

The staff at Swarland Primary School actively promote children's self-esteem through the P.S.H.E programme which is in place in the Foundation

Stage and KS1 & 2. The School also has an annual visit from the school nurse and health professionals. We aim to raise children's self-esteem so that when children are confronted with situations they are equipped with the necessary skills to enable them to make informed health choices. The curricular programmes include drug education which includes dangers of smoking. The programmes of study support Swarland Primary School in meeting many of the aims and outcomes of the Every Child Matters document, including promoting healthy lifestyles.

Swarland Primary School recognises the role that it has to play in being a health promoting establishment and it is important to provide health education so pupils can discuss with peers and adults various choices and their consequences. This in turn will lead them onto making informed choices about their actions and having the knowledge to recognise the consequences of these actions.

Exposure to second hand smoke increases the risk of lung cancer, heart disease and other illnesses. Exposure to role models who smoke also normalises smoking behaviour, which can have a significant negative impact on the delivery of the smoke free message (Kick Ash Smoke Free Policy).

Aims and objectives

Aim

The aim of this policy is to make the whole school community aware that Swarland Primary School operates a smoke free policy.

Objectives

- To inform everyone that smoking is not permitted in the school building or grounds by any person at any time.
- Support children to learn and understand the dangers of smoking and second hand smoke exposure.
- Support the school community to prevent the uptake of smoking and provide information for those who wish to stop smoking.

Implementation

The Head Teacher is responsible for policy implementation and monitoring. Signs in and around the building inform people about the policy and new staff will be made aware of the policy when taking up post. New parents are informed of the smoke free policy through the schools brochure which is made available to them when they first visit the school as well as signs around school which also serve the purpose of informing all visitors of the policy.

Breaches of Policy

Anyone found smoking will be immediately asked to cease. Further breaches will be brought to the attention of the governing body.

Swarland Primary School will aim to support smokers wishing to stop smoking by giving them information about **SMOKING CESSATION SUPPORT**. This is available through local health services. Further information can also be obtained from:

NHS Smoking Helpline 0300 123 1044

• ASH (Action on Smoking & Health) 0207 404 0242 www.ash.org.uk

• Northumbria NHS Stop Smoking Service (Electronic Vaping Device friendly) 01670 813135

• NHS Choices

<http://www.nhs.uk/livewell/smoking/Pages/stopsmokingnewhome.aspx>

• (NHCT) Northumbria Health Improvement Service (Tobacco Control Team) 01670 811972

• (NCC) Northumberland County Council (Safeguarding & Wellbeing Team) 01670 622738

Fresh North East is a regional tobacco control programme working in partnership with the NHS and local authorities. It sets out to reduce illness

and deaths related to smoking and exposure to second-hand smoke.

0191 333 7140 www.freshne.com

Additional Information

Update information on electronic cigarettes

NHCT Health Improvement Service December 2016

Summary

Electronic cigarettes are devices that deliver nicotine within an inhalable aerosol by heating a solution that typically contains nicotine, propylene glycol and/or glycerol, plus flavours.

This aerosol is commonly referred to as vapour and so the use of an electronic cigarette is described as vaping. Unlike cigarettes, there is no combustion (burning) involved in electronic cigarettes so there is no smoke and no other harmful products of combustion, such as tar and carbon monoxide.

Source: National Centre for Smoking Cessation and Training 2016

There are many terms associated with the name electronic cigarettes for example

- E-cigarettes
- Nicotine containing products
- Electronic Nicotine Delivery Systems
- Vapourisers
- E-Shisha (not to be confused with waterpipes – hookah, shisha, hubble bubble, goza, narghile)

For the purposes of a school policy **Electronic Vaping Devices** will be the adopted term, reflecting that some products will contain nicotine and some will be nicotine free.

An [expert independent evidence review](#) published August 2015 by Public Health England (PHE) concludes that ecigarettes are significantly less harmful to health than tobacco and have the potential to help smokers quit smoking.

One of the key findings of the review included:

□ The current best estimate is that e-cigarettes are around 95% less harmful than smoking

Source: Gov.UK 2016

For further information on electronic cigarettes you may wish to access

http://www.ncsct.co.uk/publication_electronic_cigarette_briefing.php

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